

St. Thomas Strength Athletics welcomes you to it's famous  
YOUTH ATHLETIC DEVELOPMENT CAMP®  
YADC  
SUMMER 2009

Monday June 29 to Friday July 24 inclusive

Monday to Friday  
9:00 AM to 11:00AM  
(Times subject to change)

Open to all youth girls and boys ages from 10 to 13

Location: St. Thomas Strength Athletics, 1258 Talbot Street, St. Thomas (the old school on Centennial Avenue).

**Bring a towel and water**

Register:

Name: \_\_\_\_\_

Address: \_\_\_\_\_

Postal Code: \_\_\_\_\_

Phone: \_\_\_\_\_

Age: \_\_\_\_\_

Gender: M \_\_\_\_\_ F \_\_\_\_\_

Sport(s) playing: \_\_\_\_\_

Starting Date: \_\_\_\_\_

Finish Date: \_\_\_\_\_

Dates to be missed (if any): \_\_\_\_\_

Parents/Guardians signature: \_\_\_\_\_

Drop off this entry form at St. Thomas Strength Athletics, 1258 Talbot Street.